



Klinghardt Institute

The Heart Of Healing



Klinghardt Detox Support Protocol

Protocols

- Coriandolo Plus** tincture – specially grown organic cilantro + 7 flower stem cell extracts: slowly titrate from 5 drops twice daily to 2 dropperfull (=30 drops) 3 times daily (t.i.d) 30 min before each meal (mobilizes toxic metals, also increases bile flow) available from KiScience.com
- Renolo** – allium ursinum, cistus incanus, 7 flower stem cell extracts (protects white and red bloodcells and nephrons from oxidative damage caused by mobilized metals) available from KiScience.com
- Palmolo** – enula root, coriandolo plant & seeds, bardana root and equisetum. 10 to 15 drops twice daily. Available from KiScience.com
- Binders:**
- Ki-Chlorella Vulgaris or Pyrenoidosa:** start with medium dose of 8 tablets (200mg each) t.i.d 5 min after taking Cilantro. Increase: during times of crisis, Herxheimer reaction or if no change is perceived. Max dose: 40 tablets. 3 times daily. Available from KiScience.com
- Lava Vitae** (high silica Zeolite): in addition to chlorella (or instead, if chlorella is not yet tolerated): start ¼ teaspoon twice daily between meals, slowly increase to 4 times/day away from all food or vitamins. Available from KiScience.com
- Ki Science Detox Footbath:** twice weekly for 30 minutes (www.KiScience.com). Main metal mobilization is on day 3 after the treatment. Increase binders on that day.
- Crisis management** (during unpredictable waves of toxin release, “die-off” effects or “cytokine storms”):
 - step 1: increase the binders
 - step 2: check saliva (6.7) and urine pH (6.2) – consider tri-salts or sodium bicarbonate
 - step 3: Colon hydrotherapy plus sauna
 - step 4: add massage, or better, lymphatic drainage massage. Best: neural therapy (procaine injections to affected ganglia, segmental treatment of liver, small intestine and kidney)
 - step 5: parenteral treatment (if available or affordable): v. Vit C (37.5-50 grams) + alpha lipoic acid (75 mg) + glutathione (1200 mg) i.m magnesium sulf.(2.5 ml +2.5% Procaine) i.v. aminoacids

www.klinghardtinstitute.com

Most items used in this protocol can be sourced from www.KiScience.com