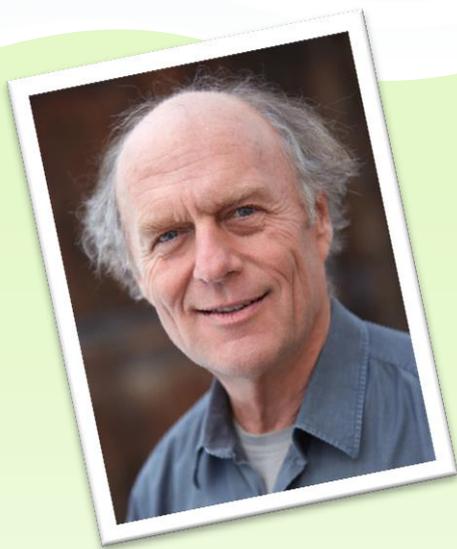


## REGULAR WORKSHOPS

*Dr Dietrich Klinghardt MD, PhD*

# Family Constellation Workshop



Dr Dietrich Klinghardt MD PhD has been practicing Medicine since 1975. He has been working in the US since 1982, and is currently the head physician at the Sophia Health Institute in Washington (Seattle) and founder of The Klinghardt Institute UK.

He is internationally known for his work with patients with chronic illness.

**Venue:**

**Peredur Centre**  
West Hoathly Road, East  
Grinstead, Sussex, RH19 4NF

**10am-6pm**

**See website for upcoming dates.**

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Family Constellation work forms a key part of the 5 Levels of healing, and is designed to work on issues such as:

- Chronic infections
- Long term illnesses
- Emotional issues

Our level of physical and emotional health is largely dependent on the level and amount of energy that is available to us from what we eat, breathe, drink and how we move our bodies, as well as what we think, what we have learned, experienced and suffered, and how we interpret them.

But our system is also invisibly and constantly infused with and nurtured by the energy we receive from our ancestors in ways we don't yet understand. The flow of energy that is available to us from our parents is dependent on our ability to open up to them and how much we can respect or honour them.

In this workshop Dr Klinghardt will lead the course participants to a deeper understanding of how their illness or unwellness is so often largely a consequence of unhealed wounds in the distant past, often several generations back. Using Bert Hellinger's constellation work, major shifts in health and wellbeing, perception, and understanding are possible.

Dr Klinghardt is a licensed medical doctor practicing in Seattle, Washington. He has been practicing and teaching family constellation work for 20 years.



**Klinghardt Institute**  
*The Heart Of Healing*

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